



DO YOU KNOW WHERE TO GO?

We're here to help you with any medical situation.

PRIMARY CARE

Primary care is your first point of contact, and is for preventative, regular and ongoing health care:

- Chronic conditions like allergies, asthma and emphysema.
- Sore throats and flu symptoms.
- Diabetes and cholesterol management.
- Headaches and growing pains.
- Immunization and vaccination.
- Small cuts and scrapes, and wound care.
- Sports physicals.
- Minor sprains and strains.

What to do.

Call during business hours to make an appointment. Same-day appointments may be available. Some providers now offer 24/7 online scheduling. Providers are on call after hours and on weekends. Virtual Visits are also available. If you're an existing UCHHealth Primary Care patient you can schedule one online. If you're a new patient, call your preferred clinic to schedule a Virtual Visit.

URGENT CARE

Urgent care is for injuries and illnesses that just can't wait for a doctor's appointment:

- Sprains, strains or possible broken bones.
- Classic migraines.
- Serious sore throats and coughs.
- Ear infections.
- Fever or flu.
- Minor burns.
- Lacerations.
- Rash.

What to do.

Find locations and hours online. No appointment is necessary. Urgent care has extended and weekend hours, and is often more affordable and can have shorter wait times than emergency care.

Virtual Urgent Care – Video appointments are available 24/7. Flat fee, covered by most insurance policies (check your policy for specifics).

EMERGENCY CARE

Emergency care is for severe injuries and illnesses that need immediate treatment:

- Head injuries or a sudden, non-typical headache or vision loss.
- Chest pain or other heart attack symptoms.
- Serious lacerations and severe bleeding.
- Overdose or attempted suicide.
- Severe abdominal pain.
- Stroke symptoms.
- Trouble breathing.
- Loss of consciousness.

What to do.

Open 24/7. No appointment is necessary. Call 911 if necessary.