Transitional Care Management



What is Transitional Care Management (TCM)?

The goal of TCM is to provide more effective care during care transitions to decrease the percentage of avoidable readmissions. TCM is a program developed by the Centers for Medicare and Medicaid (CMS) to improve care transitions between care settings and provide significant payment for bundled care. Providers often use the E & M codes instead of the TCM CPT codes. CMS emphasizes the importance of TCM visits by reimbursing TCM codes at a significantly higher RVU and reimbursement rate.



Eligible Beneficiaries

TCM is a covered benefit under Medicare fee-for-service (FFS) and some commercial plans. Eligible beneficiaries are those who are discharged **FROM** one of the following settings:

- Inpatient Acute Care
- Inpatient psychiatric hospital
- Inpatient rehabilitation facility (IRF)
- Long-term care hospital (LTAH)
- Skilled nursing facility (SNF)
- Hospital outpatient observation or partial hospitalization
- Partial hospitalization at a community mental health center



Eligible Practitioners

The following providers are eligible to furnish and bill TCM services:

- Physicians- any specialty
- Clinical Nurse Midwife (CNMs)
- Clinical Nurse Specialist (CNSs)
- Nurse Practitioner (NPs)
- Physician Assistant (PAs)

The beneficiary must be discharged from one of the previous setting **TO** their community setting (home):

- →The beneficiary's home
- → Assisted Living
- → Nursing Facility (Long Term/LTC)
- →Domiciliary (i.e.. Group home)

Required TCM Components

The 30-day TCM period begins on the patient's inpatient discharge date and continues for the following 29 calendar days. Patients qualify for TCM services when they following are met:

✓ Discharged from eligible setting (see page 1)

✓Interactive Contact

- Provider or clinical staff (under the provider direction) must contact the patient or caregiver by phone, email, or face-to-face within **2 business days** after the patient's discharge.
- The interactive contact must be performed by clinical staff who can address patient status and needs beyond scheduling follow-up care.
- Provider may report the service if 2 or more unsuccessful separate contact attempts in a timely manner, continue trying to contact the patient until successfully reached.



Transforming care together.

✓ Non-Face-to-Face Services

 Provider or clinical staff must provide patients medically reasonable and necessary non-face-to-face services within 30-day TCM service period

√ Physician or NPP Non-Face-to-Face Services

- · Review discharge information (i.e., discharge summary or continuity-of-care documents)
- · Review the patient's need for, or follow up on, diagnostic test and treatments
- Interact with other health care professionals who may assume or reassume care of the patient's systemspecific problems
- · Educate the patient, family, guardian or caregiver
- Establish or re-establish referrals and arrange needed community resources
- · Help schedule required community providers and services follow-up

✓ Auxiliary Personnel Under Physician or NPP General Supervision Non-Face-to-Face Services

- · Communicate with the patient
- Communicate with agencies and community service providers the patient uses
- Educate the patient, family, guardian, or caregiver to support self-management, independent living, and activities of daily living
- · Assess and support treatment adherence, including medication management
- Identify available community and health resources
- · Help the patient and family access needed care and services

√ Face-to-Face Visit

Provider must have 1 face-to-face or telehealth visit within the timeframes described by these 2 CPT codes:

TCM Codes

The level of medical decision-making and the time frame for the face-to-face visit determines which CPT code to use (e.g., if the patient requires moderate complexity decision-making and is seen within seven days post-discharge, 99495 must be used.).

✓ Note: Medication Reconciliation and Management must take place no later than the face-to-face visit

TCM CPT Code	Interactive Contact	Face-to- Face	Medical Decision-Making	Fee Schedule	RVU
99496	√	Within 7 calendar days of discharge	High level of medical decision making during the service period	Non-Facility: \$284.20 Facility: \$192.40	3.79
99495	√	Within 14 calendar days of discharge	At least moderate level of medical decision making during the service period	Non-Facility: \$209.84 Facility: \$147.17	2.78

2024 Medicare TCM Fee schedule TCM fee schedule varies by payer

https://www.cms.gov/files/document/mln908628-transitional-care-management-services.pdf

